

## “Hike...Gee...Haw....Whoa”

**It's true! A member of Hawkeye REC is a genuine Dog Sled Musher.** *By: Meagan Moellers*

### Meet Ike Isenberger...

“**T**here’s nothing more exhilarating and wondrous than hearing only the ‘whooshing’ sound of dogs and a sled gliding across the silent wilderness,” says Ike Isenberger of rural Decorah. Picture being swept over miles of snow covered terrain and frozen lakes by a half dozen strong, yet gentle sled dogs. Imagine your verbal commands and a simple braking system being the only means of control on this thrilling ride.



*“Picture being swept over miles of snow covered terrain and frozen lakes by a half dozen strong, yet gentle sled dogs.”*

Anyone familiar with dog sledding will tell you that it is no easy task. It takes years of commitment and training. But Ike knows sled dogs. He knows the equipment. He knows how important it is to keep the dogs hydrated and healthy. Although his ‘team’ once numbered 18 dogs, it is now comprised of only Ginger and Bandit, one Siberian and one Alaskan Husky. Ike proudly relates stories of dog sledding in northern Minnesota and Wisconsin. His passion for raising sled dogs never developed into racing competition. It was a hobby to enjoy with the many friends he met along the way. What a great experi-

ance to have become acquainted with someone who has reached the north pole by dog sled!

One of Ike’s favorite events takes place near Duluth, Minnesota. Called the John Beargrease Marathon, this sled dog race is nationally known and will be taking place on January 25th. The granddaddy of them all is the Iditarod. Known as “The Last Great Race on Earth”, this competition covers more than 1,000 miles over some of the roughest, yet most beautiful country in North America.

Want to offer your family a unique experience? Why not attend a race close by. They are occasionally held in Sparta, Wisconsin and Cannon Falls, Minnesota. Have fun!



*Thank you Ike for showing us another way to enjoy winter!*

### Inside this issue...

<b>PAGE 2</b>	Manager's Message
<b>PAGE 3</b>	Increasing Costs Outage Map
<b>PAGE 4</b>	Employee Recognition Do You Remember? Auto Pay Options
<b>PAGE 5</b>	Storm Preparation Tips
<b>PAGE 6</b>	Power Outage Website
<b>PAGE 7</b>	Meet CFL Charlie
<b>PAGE 8</b>	Director Nomination/ Annual Meeting Date USDA Grants
<b>PAGE 9</b>	Youth Tour Scholarships
<b>PAGE 10</b>	Television Energy Use
<b>PAGE 11</b>	Crock Pot Favorites
<b>PAGE 12</b>	Dates to Remember Touchstone Energy

*"Our vision is to provide access to safe, dependable and affordable electric services."*



*Tom Miller  
General Manager*

## Space Heaters again? Argh!

A respected local businessman gave me a call describing his disappointment in Hawkeye REC for discouraging the use of his brand of space heater. If we truly did this, I offer my sincere apology. The Cooperative has been trying to educate our members about the potential outcomes from using space heaters as we have been receiving a number of telephone calls from members regarding higher electricity usage, many due to space heaters.

This businessman commented that when used properly, the whole house heating system will not operate as much when complemented with a space heater. Further, he commented that using the space heater instead of the primary whole house fossil fuel heating system would result in a cost savings. The concept is to exchange lower cost electrical energy for higher priced fossil fuel energy. Generally, we support these concepts. Our goal has been to make sure our members understand the difference between complementing and supplementing the whole house heating system.

### **Complement and Supplement**

Complement means full quantity or number. Your whole house heating system is designed to output a certain amount of British Thermal Units (BTU's). If you check the name plate on your heating system there is usually a BTU rating on the unit. Let's say your whole house heating system provides 150,000 BTU's to completely heat your house in an hour. As an example, to use a space heater in a complementary fashion is to have your whole house system provide 100,000 BTU's and your space heater the other 50,000 BTU's. The total is 150,000 BTU's in an hour and the space heater "complements" the whole house system.

Supplement means something added, especially to make up for a lack or deficiency. Back to our house needing 150,000 BTU's output to heat it; but, the whole house heating ONLY provides 125,000 BTU's at its optimum output. For you to be comfortable in your house, you will need to supplement your whole house system with another 25,000 BTU's. This is a perfect opportunity for a space heater, provided we don't go over the 25,000 BTU's. The problem is, how do you know how much each system is contributing to your comfort? It's hard to know.

### **Concern for our Members**

Our members have experienced higher electric bills because it is very hard to use two systems in a cost effective fashion. Although the whole house thermostat automatically signals the heating system effectively, most space heaters are either "on" or "off." The thermostats are not designed to measure BTU's output or runtime and rely on the operator to set the thermostat or turn the space heater on and off when appropriate (based on your comfort).

Another concern, our Off Peak or Interruptible members plug the space heater in at the standard rate and do not get the most out of their off-peak or interruptible rate. This has a huge negative cost impact on the member and the Cooperative, requiring more investments in electric generation resources.

Hawkeye REC has sold electric fireplaces. They are beautiful pieces of furniture. From a heating standpoint, they are all space heaters. This is our final concern.



*"Using a space heater instead of the primary whole house fossil fuel heating system would result in a cost savings."*



# Costs increasing for electricity in 2009

**A**s we enter 2009, Dairyland's wholesale power cost, which accounts for 54% percent of Hawkeye REC's operating budget, is facing tremendous upward pressure. The most significant increases are due to:

- ▲ A general tightening of coal markets with increases in prices for both the fuel and its shipping, coinciding with large global demand for U.S. coal exports.
- ▲ Scheduled major periodic maintenance outages at two large generators in 2009.
- ▲ Significant investments in environmental controls, renewable energy resources and conservation programs.

These factors, combined with other essential projects, will cause an increase of

Dairyland's 2009 average wholesale rate by about 9.8 percent over the 2008 rate. The first step will be the implementation of a temporary surcharge of about 0.2 cents per kWh (kilowatt-hour) on energy sales during February through April, followed by an additional wholesale rate increase on May 1 of about 0.4¢ (6.1¢ to 6.5¢ per kWh).

Dairyland is working to develop additional biomass projects, enhance landfill gas operations, buy wind energy and work with farmers on manure digesters. These expansions of Dairyland's renewable resources, as well as investments in energy conservation programs, are good for our environment and will help Dairyland meet future regulatory requirements.

However, they also increase the overall cost to provide members with electricity.

A number of additional beneficial projects are planned to meet the long-term energy needs of Dairyland's members. However, Dairyland has undertaken a major effort to prioritize construction projects and is delaying some work to minimize the impact of rate increases on members during this difficult economic period.

Hawkeye REC and Dairyland will continue to work hard to stabilize costs and provide members with a reliable, competitively priced energy supply.

## Map of Outages

OAKDALE 1 	CHESTER 2 	FOREST CITY 3	ALBION 4	FREMONT 29	BURR OAK 30	HESPER <i>Open OCR</i>	HIGHLAND 32
JAMESTOWN 8	SARATOGA 7	HOWARD CENTER 6 	VERNON SPRINGS <i>Transformer Fuse</i> 	ORLEANS 36	BLUFFTON 35	CANOE 34 <i>Open OCR</i>	PLEASANT 33
AFTON NORTH 9 	HOWARD NORTH 11  <i>Transformer Fuse</i>	PARIS NORTH 13	NEW OREGON NORTH 15	LINCOLN 37	MADISON 38	DECORAH 39	GLENWOOD 40 <i>Transformer Fuse</i>
AFTON SOUTH 10	HOWARD SOUTH 12 	PARIS SOUTH 14 	NEW OREGON S. 16 	SUMNER 44	CALMAR 43	SPRINGFIELD 42 <i>Faulty OCR</i>	FRANKVILLE 41 
DEERFILED N 23	WASHINGTON N 21 	JACKSONVILLE N 19	UTICA NORTH 17	JACKSON 45  <i>Transformer Fuse</i>	WASHINGTON 46	MILITARY 47	BLOOMFILED 48
DEERFIELD S 24 	WASHINGTON S 22 	JACKSONVILLE S 20 	UTICA SOUTH 18 	CHICKASAW 25	DAYTON 26	NEW HAMPTON 27	STAPLETON 28

= Pole Change outs   
 = Single Outage   
 = Planned Outages

Line Section Outages 6   
 Planned Outages 10   
 Single Outages 13

Total Outages 29   
 Total Members Experiencing an Outage 299

*Have you experienced an outage lately?*

**December 2008**

# Employees Recognized for Years of Service



**Charles Frana**  
(Director)



**Zach Steinmetz**  
(Lineman)



**Tony McCabe**  
(Meter Technician)



**Marc Mikkelson**  
(Member Service Technician)



**Dan Schmitt**  
(Storekeeper)



**Mark Zweibohmer**  
(Safety & Compliance Coordinator)



**Roger Nibaur**  
(Director)



**Wayne Hageman**  
(Lineman)



**Jeff Henderson**  
(Lineman)



**Gary Murray**  
(Operator/ Groundman)



**Roger Halverson**  
(Operations Manager)

*Thank you for your dedication!*

## "Do You Remember When?"

In December of 2011, Hawkeye REC will be celebrating 75 years since the formation of your electric cooperative. We will be celebrating throughout the anniversary year, but would like to first gather stories and photos from people who "remember when the lights came on." Please contact Meagan at the REC office if you or someone you know would be interested in passing their story down through the generations.

## Making Resolutions for the New Year?

Why not resolve to make bill paying easier?

Checks and stamps aren't necessary if you use our convenient Automatic Payment Options. Your payment is always received on time! Withdrawals occur on the 28th of each month (or the following business day if the 28th falls on a weekend or holiday). You can elect to have your payment withdrawn automatically from a Checking Account or a Credit/Debit card.

To sign up for this free service, please visit our website at <http://www.hawkeyerec.coop> or call our office. You must include a voided check for bank information and the form must be signed when returned to our office.



# Storm Preparation Tips

*Severe winter weather is upon us. We encourage members to be prepared. Before a storm hits, gather these items:*

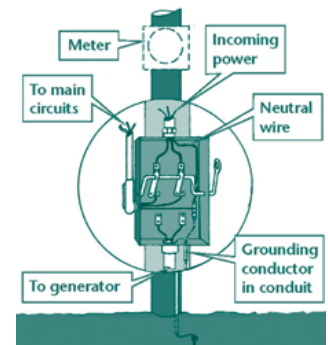
- ▲ flashlight and extra batteries
- ▲ battery-powered portable radio
- ▲ plenty of water – one gallon per person per day
- ▲ high-energy foods that don't require refrigeration or cooking
- ▲ a non-electric can opener
- ▲ a week's worth of medicines and first-aid supplies
- ▲ extra baby items
- ▲ sleeping bags, blankets and pillows
- ▲ books and games to keep kids occupied
- ▲ ABC-type fire extinguisher
- ▲ If a family member relies on life-support equipment, make alternative living arrangements.
- ▲ Check the batteries and test all smoke detectors and carbon monoxide alarms.
- ▲ Make sure you know how to open your electric garage door manually.

## Advice for Dealing with a Power Outage

- ▲ Call the 24-hour Outage number (800) 927-5265– even if you think a neighbor already has
- ▲ Unplug sensitive electronic equipment and appliances
- ▲ Leave one light on (to know when power is restored)
- ▲ Keep curtains and exterior doors closed
- ▲ If you have an unvented, fuel-burning space heater, place it on a level, hard and nonflammable surface—not on rugs or carpets or near bedding or drapes. Cross-ventilate by opening a window an inch on each side of the room; it's better to let some cold air in than to run the risk of carbon monoxide poisoning.
- ▲ If temperatures fall to near freezing in your home, open all faucets slightly so they drip.
- ▲ Do not use your stove, oven, cooktop, outdoor grill, camping stove to heat your home. Use your fireplace if you have one.

## Using a portable generator:

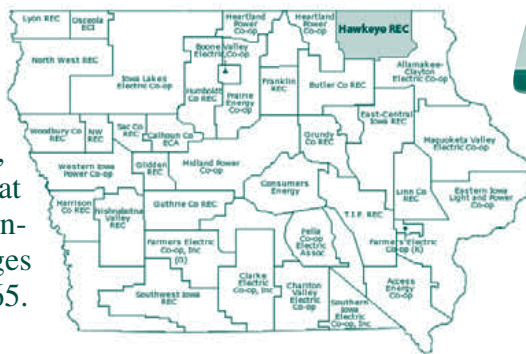
- ▶ Read the manufacturer's instructions and learn how to operate your generator.
- ▶ Make sure the extension cord is in good shape and rated for a load greater than the total wattage of all connected devices.
- ▶ Keep the generator dry, and don't operate it indoors or in a garage or porch.
- ▶ Keep children and pets away.
- ▶ When the power is out for several hours, use the generator to run the refrigerator every few hours so food won't spoil – instead of just powering lights in your home all day long.
- ▶ Give your generator several breaks.
- ▶ Always switch the engine off and allow it to cool before adding fuel in a well-ventilated area.
- ▶ Turn off the generator's circuit breaker before starting, so the load doesn't draw current until the generator is running smoothly. Turn off the breaker before stopping the generator.
- ▶ Test the ground fault circuit interrupter (GFCI) on the generator every time you fire up the engine.



# View power outage locations in Iowa online

Information about power outages affecting homes, farms and businesses served by Iowa's electric cooperatives is now available at <http://outages.iowarec.org>, the Website of the Iowa Association of Electric Cooperatives.

When you log on to the power outage tool, you'll see a map of Iowa; you can view the information by county or electric co-op service territory. You'll also be able to obtain safety information at the Website. When widespread power outages or isolated power outages in the state impact large numbers of Iowans, the appropriate electric co-ops will update the information on the Website. The Website will automatically refresh every 10 minutes. When only a few electric co-op members are without power, the site may not reflect that information. Please continue to report power outages by calling (800) 927-5265.



**Power outage information is available at the Website of the Iowa Association of Electric Cooperatives at <http://outages.iowarec.org>**

## New in 2009-Home Energy Audit Programs

**Call the office for more information or watch for a detailed article in the February newsletter.**

### Home Energy Evaluation

- ▼ Member completes Energy Usage Self Assessment and returns it to Cooperative for review
- ▼ Usage history is reviewed and discussed with member
- ▼ Member requests an in-home evaluation - **\$25**

### Thermal Imaging - **\$75**

- ▼ Infrared camera identifies heat loss or gain around windows, doors and roof



- ▼ Help locate moisture problems in the structure of the home
- ▼ Color photos of problem areas
- ▼ Home Energy Evaluation included

### Blower Door Test - **\$75**

- ▼ Identifies air leaks into or out of the home
- ▼ Locate areas that need caulk or weather stripping
- ▼ Evaluates exterior door and window leaks
- ▼ Home Energy Evaluation included



### Thermal Imaging & Blower Door Test - **\$125**

# KIDS– Meet CFL Charlie...

## A New Mascot Encouraging Energy Savings

A new classroom kit developed for school age children grades K-5 called “Super Energy Saver” has just the right tools for kids to be equipped to help their parents “save some green”. The program teaches kids about electricity, electrical safety, energy savings and renewable energy. The students receive a checklist where they must walk through their homes with their parents to identify energy savings practices. When the kids bring the completed checklist back to school, they receive a “Super Energy Saver” certificate signed by CFL Charlie.

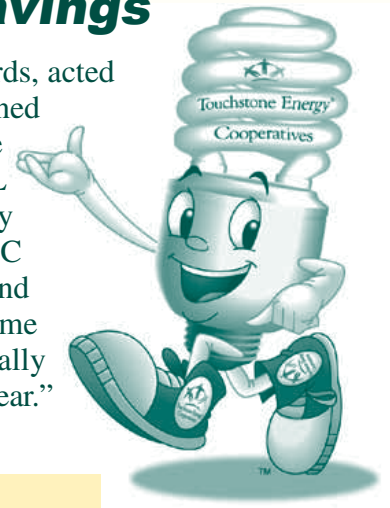
### Who is CFL Charlie?

He is the mascot for the “Super Energy Saver” program designed to teach youngsters the importance of using energy wisely.

### First Class to Complete Program

Cresco’s Notre Dame 4th grade students culminated their Science unit on electricity with a field trip to Hawkeye. The field trip allowed the students to learn about electricity safety and see the materials used to provide electricity to our rural homes. In the classroom,

students worked with circuit boards, acted out the parts of an atom, and learned about the basics of electricity. The students were able to use CFL Charlie’s helpful hints and activity guides from the new program. REC members, Mrs. Julie Haskovec and Mrs. Jill Ryan are the Notre Dame 4th grade teachers. “The kits really enhanced our electricity unit this year.” said Haskovec.



## Touchstone Energy Kids Zone Website

The Kids Zone is a cool place where kids can learn about electricity, energy savings and electrical safety. Energy is part of our daily lives. Every time you watch television or turn on a light you are using electricity.

The Kids Zone has fun games and activities that will help kids learn about energy and energy efficiency that they can share with their family and friends.



Go to [www.hawkeyerec.coop](http://www.hawkeyerec.coop) today!



Students receive their certificate after completing their CFL Charlie evaluations of their homes.



Notre Dame 4th grade students tour REC and receive a CFL lightbulb from Hawkeye employees Brad Dull and Tom Hart.



Students working on their circuit boards during their study of electricity in Science class.

# Be a Leader in Your Cooperative



**A**re you interested in serving as a board member for Hawkeye REC? Consider becoming part of your electric cooperative by submitting your name as a director candidate in this year's election. Becoming a director is a great opportunity to learn more about your cooperative, work with local legislators and create new relationships that will last a lifetime. A director must have the time to attend monthly board meetings, other special meetings and educational seminars which are designed to keep directors informed on the various aspects of Hawkeye REC and the electric utility industry. Contact one of the nominating committee members today to be considered for this great learning experience and leader for your electric cooperative.

The nominating committee will be meeting on February 4th to select candidates.

## Nominating Committee Members

- Kenneth Ehler, Calmar ..... (563) 562-3895
- Winifred Reis, Lime Springs ..... (563) 547-3717
- Keith Sersland, Decorah..... (563) 382-8211
- Ray Rance, Lime Springs..... (563) 547-4731
- Tom Sabelka, Lawler ..... (563) 569-8383
- Tom Recker, Alta Vista..... (641) 364-7386

Once the nominating committee posts the candidates, a member would have to be nominated by petition containing the signature of not less than 1% of the cooperative membership. Such petition must be received by the Secretary not less than 45 days before April 15. The Secretary shall post the nomination(s) at the office alongside the list of nominations made by the nominating committee.

## Directors up for re-election - 3-Year Term

### Chickasaw County



Dean Fisher

### Winneshiek County

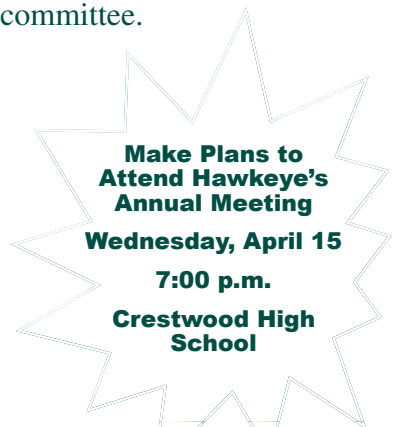


Charles Frana

### Howard County



Roger Nibaur



## Replacing your Grain Dryer... Adding Geothermal in 2009?



USDA Rural Development is offering grants and guaranteed loans to help rural business or agricultural producers looking to produce renewable energy or make energy-saving improvements to their facilities or farms. A popular use of the program has been to assist in the purchase of new, more efficient grain-drying systems.

*\*Funds are not available for residential use.*

Contact Pat Boyle at (563) 547-3801 for more information or go to [www.rurdev.usda.gov/ia](http://www.rurdev.usda.gov/ia).

***Hawkeye members received over \$365,000 in grants during 2008 for energy efficiency/renewable energy projects.***

# Experience the Wonder of Washington

**Who:** High school sophomores and juniors

**What:** Free trip sponsored by your local electric cooperative

**Where:** Washington, D.C.

**When:** June 11-18, 2009

**Why:** The Iowa Rural Youth Tour is a perfect opportunity to travel, work with REC leaders, and enhance your leadership skills! You will travel with 40 other students

from Iowa and meet over 1,000 teens from across the nation! It's a great way to make new friends. Students that have participated in the Youth Tour in the past will tell you what a great experience it is, something truly unforgettable.

**How:** Fill out the form below and send to Cindy at Hawkeye REC. You will receive Youth Tour study materials and an open book test which must be completed and returned to



Hawkeye by March 16, 2009. The five students with top scores will qualify for the final examination and judging. Judges will select the winner of the Washington D.C. trip and an alternate.

**Invest in your future! Sign up now to compete with area students for your chance to win an unforgettable trip to our nation's capitol. Complete application form and return to: Hawkeye REC, Attention: Cindy, PO Box 90, Cresco, Iowa 52136.**

## Iowa REC Youth Tour • June 11-18, 2009

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

Signature: \_\_\_\_\_

We certify that we are the parents or legal guardians of the youth who has signed above and that we give our permission for him/her to participate in the Youth Tour 2009 Contest and to participate in the trip to Washington, D.C. should he/she be selected.

Date: \_\_\_\_\_ REC Service Location No: \_\_\_\_\_

Signature(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

For more information regarding the Youth Tour, please visit: [www.hawkeyerec.coop](http://www.hawkeyerec.coop) or contact Cindy at (563) 547-3801.

**Log-on to [www.hawkeyerec.coop](http://www.hawkeyerec.coop) to complete the open book test after you submit the application and receive the study materials.**



## Hawkeye REC offering five \$500 scholarships

**A**ny graduating high school senior, whose parents or guardians are members of the Cooperative, are eligible for the Hawkeye REC scholarship. The applicant must be a student who is enrolled or planning to enroll, in a full-time undergraduate course of study at an accredited college, university or vocational/technical school in the fall of 2009. The applicant must be a U.S. citizen.

### How Do You Apply?

Applications are available at your area high school guidance counselor office or at the REC office in Cresco. Applications can also be downloaded and printed on Hawkeye's website at [www.hawkeyerec.coop](http://www.hawkeyerec.coop).

Return the completed application to the Cooperative by April 13, 2009 with the following:

- Copy of the student's high school transcript
- Letter of recommendation from a teacher, advisor or counselor

- Essay (minimum 250 words) answering the following question:

The Iowa Office of Energy Independence's 2008 Plan for Energy Independence encourages energy efficiency and calls on electric utilities to realize 1.5 percent **annual** energy-efficiency savings, which is roughly double the savings rate Iowa's utilities achieved through 2006. **If this plan becomes a mandate, how will Hawkeye REC and its' members accomplish such an energy savings plan?**

# Fine-Tune Energy Use with the Right Television

**S**treamlining your home's energy use can make a big impact on monthly electric bills. One ever-present culprit lurks in your home right now. When combined with DVD players and video game consoles, television use makes up about 10 percent of an average household's annual electricity bill.

▲ An average flat-screen LCD television requires 70 watts when on.

▲ An average flat-screen plasma TV requires 246 watts when on.

With more families opting for flat screen TVs these days, the choice between LCD and plasma can really make an impact, to almost startling levels on a national scale.

Currently, there are more than 275 million TVs in use across the country, with the average household tuning in 4.7 hours a day. It takes

more than 50 billion kWh a year to keep those sets on, according to EPA, meaning it costs Americans \$5.2 billion to watch all of that TV.

The good news is that energy-efficient TVs— LCD, plasma, and otherwise—are becoming available. Current Energy Star TV labels only indicate how efficient a set is when switched off, in standby mode.

Energy Star estimates that if all of the TVs sold in the United States meet the new requirements, energy savings could grow to \$1 billion a year. Related greenhouse gas emissions, meanwhile, would be reduced by the equivalent of taking about 1 million cars off the road.

If you're not in the market for a new TV, you can still cut back on the electricity your old set uses by adjusting the picture settings. The brighter the screen, the more energy it needs.



Also, the small stream of electricity a TV draws while in standby mode can be eliminated by unplugging it, or by plugging it into a power strip that can be switched off.

*Sources: U.S. Department of Energy, U.S. Energy Information Administration, Natural Resources Defense Council, U.S. Environmental Protection Agency, -Written By Scott Gates NRECA*

## TV is Going Digital: What you need to know about DTA Converter Boxes

A huge change in television broadcasting is now only 1 month away. Consumers that use a rooftop antenna or "rabbit ears" to receive a broadcast signal will need to purchase a DTA (digital to analog) converter box to continue receiving television with your existing television. If your TV has something called a "digital tuner" already built in, it will work after February 17, 2009. Another option is to purchase a new TV with a built-in digital tuner.

As many as 22 million DTAs are expected to be sold. If you need to purchase one, look for an ENERGY STAR model. You'll be saving energy and money over the lifetime of the product.

### Helpful Hints:

▼ Coupons are available to help defray the cost. All US households are able to request up to two \$40 coupons to help purchase certified TV converter boxes. Call (888) DTV-2009 or visit [www.DTV2009.gov](http://www.DTV2009.gov) or apply by mail at PO Box 2000, Portland, OR 97208.

- ▼ Ignore any offer for a free converter box, especially if it requires you to pay for shipping or a warranty. The government does not certify the companies making these offers, and their converter boxes are not eligible for the coupon program.
- ▼ The coupons are on a "use-it-or-lose-it" basis for 90 days after they are mailed to you.

**If you operate a television that is connected to cable, satellite or other pay TV service, you will not need a TV converter box.**

# Recipes...

## Crock Pot Favorites

Beat the winter cold and warm up with recipes made in a crockpot. It only takes about 200 watts to run a crockpot. However, it takes approximately 2900 watts to run your electric oven. And you know that the more wattage your appliance uses the higher your electric bill is going to be. Another nice thing is that using a crockpot preserves more of the minerals and vitamins in vegetables when you cook them. So, crockpot cooking is healthier as well. The crockpot was invented in 1960.



Send or e-mail your favorite recipe. If we print your recipe in our newsletter you'll receive \$5 off your next electric bill. E-mail to: [mmoellers@hawkeyerec.com](mailto:mmoellers@hawkeyerec.com)



Feb. – Recipes that use Maple Syrup (need by Jan. 15)

March – No newsletter

All recipes can be found on our website.

## Beef Au Jus

- 1 (4-5 lb.) beef roast (a rump roast works well)
- 1 (10 oz.) pkg. au jus mix
- 1 pkg. zesty Italian mix
- 1 can beef broth

Mix broth, Italian mix, and au jus mix. Pour over beef roast and set at low setting for 8 - 10 hours. To serve, remove roast and shred meat and place on buns and use the juice for dipping sandwich. Smells incredible!!!

Marleen Numedahl – Decorah

## BBQ Pork for Sandwiches

- 1 (14 ounce) can beef broth
- 3 lbs. pork butt or shoulder (or a similar cut)
- 1 (18 ounce) bottle barbeque sauce
- 1 chopped medium onion

### DIRECTIONS

1. Pour can of beef broth into slow cooker, and add pork and onion. Cook on High heat for 4 hours, or until meat shreds easily. Remove meat, and shred with two forks. It will seem that it's not working right away, but it will.
2. Preheat oven to 350°. Transfer the shredded pork to a Dutch oven or iron skillet, and stir in barbeque sauce.
3. Bake in the preheated oven for 30 minutes, or until heated through.

Kimberly Ball – Lawler

## Mac 'n' Cheese

- 8 oz. macaroni (cooked and drained)
- 2 T. oil
- 13 oz. evaporated milk
- 1½ c. milk
- 1 t. salt
- 3 c. shredded sharp cheddar cheese
- ¼ c. margarine (melted)
- 2 T. minced onion (optional)



Toss cooked macaroni in oil. Add all remaining ingredients. Pour into lightly greased crock-pot and stir well. Cover and cook on low for 3-4 hours, stirring occasionally. The Best!

Geraldine Otto – Lime Springs

## Crock Pot Beans

- 1 lb. Navy beans
- ¼ c. brown sugar
- ½ lb. bacon (fried)
- 1 T. salt
- 2 T. molasses
- ½ c. white sugar
- ¼ c. ketchup
- 1 medium onion (chopped)
- 4½ c. water

Wash and sort beans, but do not soak. Put all ingredients in a crock pot. Turn to high until hot, then turn to low for about 10-12 hours.

Janice Bergmann – Decorah

## Barbecued Ribs

- 2½ - 3 lbs. spare ribs (cut up)
- 1 c. barbecue sauce
- ¼ c. Wright's liquid smoke
- ½ c. brown sugar



Cut and salt ribs. Place in crock pot and cover with sauce mixture. Cook on low for 6-8 hours.

Marilyn J. Novak – Ridgeway

## DATES TO REMEMBER

### BILLING CYCLE DATES

- Jan. 12 Hawkeye REC prints bills based on December meter reading.
- Jan. 13 Bills are mailed to members from NISC in St. Louis.
- Jan. 25 Member reads meter and records on payment voucher. Please mail your bill today to make sure it arrives to Hawkeye by the 1st of February.
- Jan. 27 Disconnect services for non-payment.
- Jan. 28 Automated payments from checking accounts and credit/debit cards are processed.
- Jan. 31 AMR meters are read by the cooperative.
- Feb. 1 Bills become delinquent.

### OTHER EVENTS

- Jan 9 Budget Board Meeting
- Jan 29 Hawkeye REC Board Meeting



The economy. Saving energy. Climate change. All the things  
**YOU'RE TALKING ABOUT**  
we're already working out.

*At your electric co-op, we don't simply send electricity to your home. We look out for you and your entire community. And we do so for a very simple reason— it's our community too. That's why we are always working to keep the lights on and our costs down. Because we pay the same bills you pay. Your hometown is our hometown. And together, we can't go wrong.*



*Looking out for you.*

A Touchstone Energy® Cooperative 

## Hawkeye REC News

PO Box 90 - Cresco, Iowa 52136  
1-800-658-2243 or 547-3801  
[www.hawkeyerec.coop](http://www.hawkeyerec.coop)

### OFFICE HOURS

Monday thru Friday • 7:30 a.m. - 4:00 p.m.  
(Closed Sat., Sun., & Holidays)

### OUTAGES

**1-800-927-5265**

**IOWA STATE ONE CALL  
1-800-292-8989**

### BOARD OF DIRECTORS

Dean Fisher, President - Lawler  
Dean Nierling, Vice President - Burr Oak  
Dennis Ptacek, Secretary/Treasurer - Elma  
Norman Dickman - Decorah  
John Hockspeier - Alta Vista  
Janelle Mahr - Lime Springs  
Roger Nibaur - Elma  
Charles Frana - Calmar  
Dennis Young - Decorah

### PERSONNEL

Tom Miller, CEO & General Manager  
Roger Halverson, Operations Manager  
Jim Murphy, Information Tech. Manager  
Cindy Christensen, Communications Manager  
Peggy Berg, Chief Financial Officer  
Pat Boyle, Business Dev./Mbr. Serv. Manager

### EDITOR

Meagan Moellers

### Hawkeye REC

PO Box 90  
Cresco, Iowa 52136

PRSR STD  
U.S. Postage  
**PAID**  
DPC

